




Tip Sheet: adolescent female w/ abdominal pain, dysuria and/or discharge

WHAT TO ORDER

 Urine culture - STAT


 Urinalysis - STAT

 Pregnancy, urine - STAT

 Chlamydia/Gonorrhoeae
NAA




Can be urine or swab of vagina/endocervical area

 Wet prep, genital - STAT



Looks for BV/trich/Candida

In a sexually active adolescent female, also consider:

 HIV Antigen/Antibody Combo - STAT

 RPR - STAT

 TRICHOMONAS NAAT



Better test than wet prep if more suspicious for T. vaginalis

WHAT YOU'LL NEED FOR THE EXAM

A tray/stand next to bed with:

- Speculum, lubricant, gloves, swabs



Swab for Wet Prep



Red-topped tube WITHOUT liquid in tube (same swab used for rapid strep)



Swab for Trich NAAT, GC/Chlamydia NAA



Same swab can be used for both trich & GC/chlamydia – send ONLY blue swab

When performing exam:

- Swab vaginal canal/endocervical area, note any discharge
- Check for cervical motion/adnexal tenderness (looking for PID)

IF RESULTS ARE POSITIVE

STI	Treatment	Recommend Partner tx?
BV	Metronidazole 500 mg BID x 7 days	No
T. Vaginalis	Metronidazole 2 g orally – single dose	Yes
Candida	Fluconazole 150 mg orally – single dose	No
Chlamydia	Azythromycin 1 g orally – single dose	Yes
Gonorrhoeae	CTX 250 mg IM single dose PLUS Azithromcin 1 g orally	Yes