

PEM Ovarian Torsion Clinical Pathway

Concern for ovarian torsion
 Acute onset pelvic pain
 Nausea/vomiting



Pain control
 NPO
 UA, Urine pregnancy
 Insert foley and fill bladder
 GYN consult



Pelvic ultrasound with doppler**



No sonographic evidence of torsion



Ongoing clinical concern for torsion?



Seek alternative dx
 (acute appendicitis, adnexal mass, ruptured ovarian cyst, tuboovarian abscess, etc.)



Evidence of ovarian torsion or abnormal pelvic US



Urgent GYN evaluation for OR*

- Abnormal US Findings**
- Enlarged ovary
 - Absent or decreased arterial or venous flow (compare to other ovary)
 - Ovarian mass
 - Abnormal ovarian location

**Call attending radiologist/ gynecologist if there are delays